5

Abstract of the Disclosure

An air blown fiber tube cable having improved thermal stability in contrast to conventional air blown fiber (ABF) tube cables and within which one or more air blown optical fiber units can be installed. The air blown fiber tube is formed from a cross-linked polyolefin (preferably cross-linked high density polyethylene) comprising at least one non-polymer filler material having a coefficient of thermal expansion less than the coefficient of thermal expansion of said tube.